



Musical fun with your little one.



What you need

- a water bottle
- some dried lentils, pasta or rice
- sellotape,
- wrapping paper to decorate

What to do

1. Empty your water bottle and make sure it is dry inside.
2. Fill your bottle with lentils, rice or pasta.
3. Screw the lid on tight and tape it up.
4. Wrap your bottle in some colourful paper.
5. Shake away!

