

# Effects of Covid-19 on families with children under five in Nottingham

Professor Carrie Paechter

## Our study

- 29 interviews with parents from 27 families: 27 women and 2 men, living in Nottingham – all but two in Nottingham city
- All families had at least one child under five
- Priority given to interviewing people in four SSBC wards
- Questions about how lockdown was for them and how they coped, and hopes for the future
- Also asked parents how they thought their child felt about lockdown

## Good things experienced by families

- More time together and bonding as a family – especially important for fathers
- Benefits for child's routine due to being at home during lockdown
- Benefits for younger children spending time with older siblings
- Some health professionals went out of their way to help families
- Move to telephone GP appointments often made attendance easier
- Some people got to know neighbours better

## Problems experienced by families

- Worry about themselves or their families catching Covid-19
- Worry about finances
- Difficulties obtaining baby milk or nappies due to panic buying
- Lack of access to health care staff
- Lack of access to disability assessment, support, physiotherapy
- Isolation for both parents and children when groups cancelled
- Parents had no time to themselves
- Parents and children missed contact with extended family - this also meant some children lost access to heritage languages
- Working parents found it difficult to work from home and care for their children; some employers unsympathetic
- Children lost confidence with adults outside immediate family
- Children missed outside play and access to parks and play areas

# Thank you!

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