

Aspley Group Timetable - Summer 2021

All sessions are FREE! Please pre-book your place

WEDNESDAYS

Baby Massage

10am-11am

Bells Lane Community Centre

📞 07881 374680

Sessions are reserved for families living in Aspley with a baby under 26 weeks old.

Triple P Tips (via Zoom)

Book a 45-min online session with a Triple P coach.

Book: www.bit.ly/triple-p-online

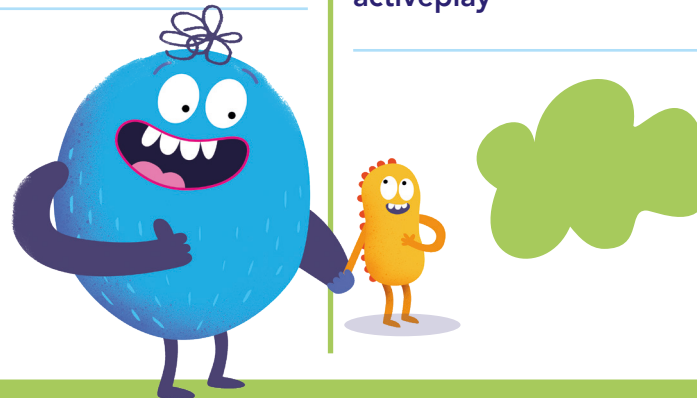
THURSDAYS

Story & Rhyme Time

10.30am-11.45am

Aspley Children's Centre

Book: www.bit.ly/Aspley-srt



SATURDAYS

Active Play

10am-11.30am

Minver Sports Hall

Book: www.bit.ly/Aspley-activeplay

SPECIAL SUMMER ACTIVITIES IN AUGUST

Picnic & Play (all sessions 11.30am-1pm)

Join the Family Mentors for a picnic. We'll be making picnic snacks, and then eating and playing together

- **Monday 2nd August** Bells Lane Community Centre
- **Tuesday 10th August** Phoenix Play Centre
- **Wednesday 18th August** Aspley Children's Centre

Book: www.bit.ly/aspley-picnic-play

Pop-up Play (all sessions 12noon-3pm)

Play in the park with Aspley Family Mentors.

- **Thursday 12th August** King George Playing Fields
- **Tuesday 17th August** Stockhill Lane Park
- **Monday 23rd August** Woodfield Park

Book: www.bit.ly/aspley-popup-play

Triple P discussion groups

call 0115 975 3898 for more information and to book your place.

All sessions must be pre-booked.

We will review this timetable in line with any changes to Government guidance about social distancing. Please visit www.smallstepsbigchanges.org.uk for the most up to date information.

