

# St Ann's Group Timetable: Sept - Oct 2021

All sessions are FREE! Please pre-book your place

## MONDAYS

**Cook and Play**  
11am-12.30pm

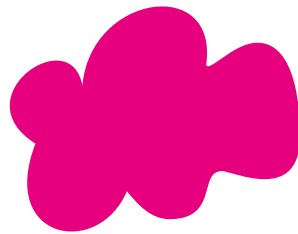
Blue Bell Hill Community Centre  
Book: <https://fwcnp.eventbrite.co.uk>



## TUESDAYS

**FRED (via Zoom)**  
6pm-6.40pm

Book: <https://fred.eventbrite.co.uk>



## WEDNESDAYS

**Story & Rhyme Time / Jiggle & Wiggle with Mini Movers**  
10am-11.30am

Brendan Lawrence Hall  
Book: <https://bit.ly/2QR6Hcj>

**Triple P Tips (via Zoom)**  
Book a 45-min online session with a Triple P coach.  
Book: [www.bit.ly/triple-p-online](http://www.bit.ly/triple-p-online)

## THURSDAYS

**Baby Massage (via Zoom)**  
1pm-2pm

Book: <https://fwbm.eventbrite.co.uk>

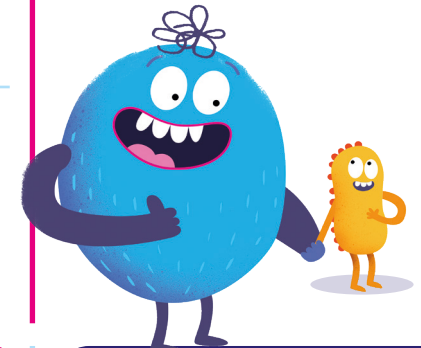
Five part course. Sessions are reserved for families living in St Ann's with a baby under 26 weeks old.



## FRIDAYS

**Jiggle & Wiggle**  
10am-11am

St Ann's with Emmanuel Church  
Book: <https://fwjnw.eventbrite.co.uk>



## SATURDAYS - The Chase Neighbourhood Centre

### 1st Sat of the month

Saturplay  
10am-11am

### 2nd Sat of the month

Saturplay  
10am-11am

### 3rd Sat of the month

Saturplay  
10am-11am

### 4th Sat of the month

Saturplay  
10am-11am

To book any Saturday groups: <https://fwpsa.eventbrite.co.uk>

## Triple P discussion groups

call 07790 944878  
for more information  
and to book your place.

We will review this timetable in line with any changes to Government guidance about social distancing. Please visit [www.smallstepsbigchanges.org.uk](http://www.smallstepsbigchanges.org.uk) for the most up to date information.