



NOTTINGHAMSHIRE
POLICE & CRIME
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VRP

Violence
Reduction
Partnership

Nottingham City and Nottinghamshire

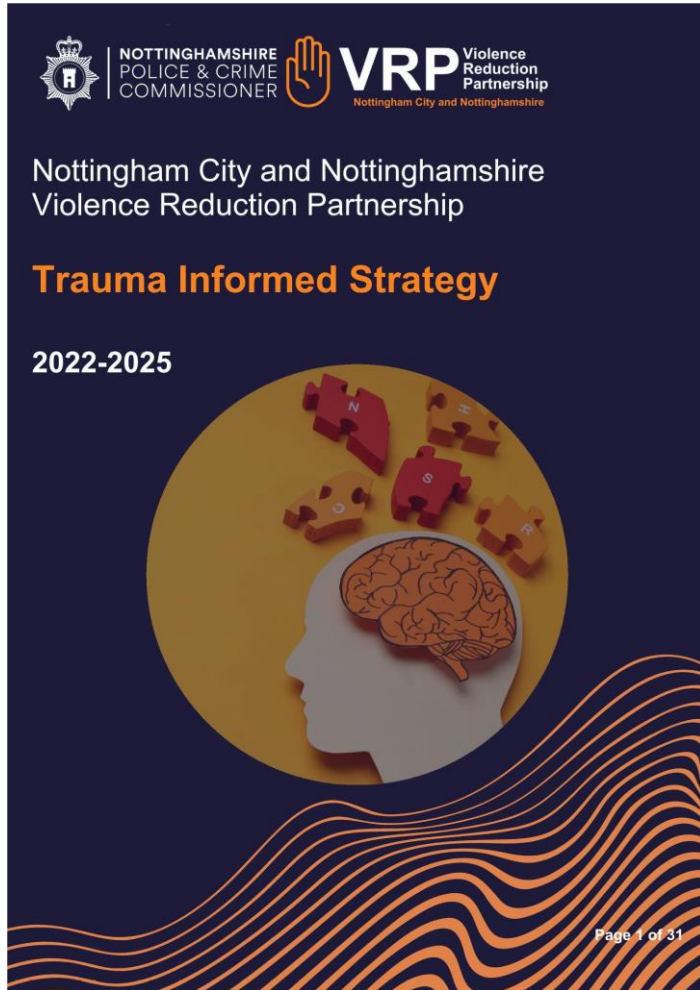
Trauma Informed Strategy Progress Update for Nottingham

Helen Johnston
March 2024



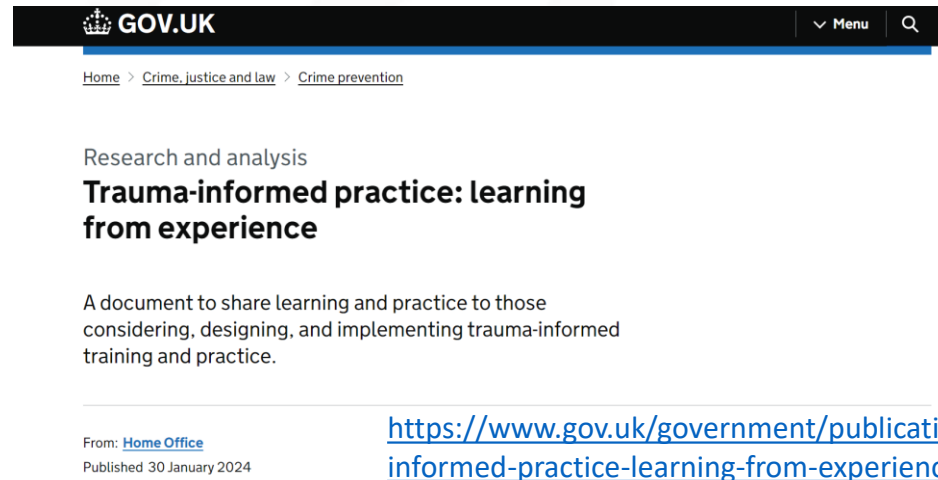


Trauma Informed Strategy



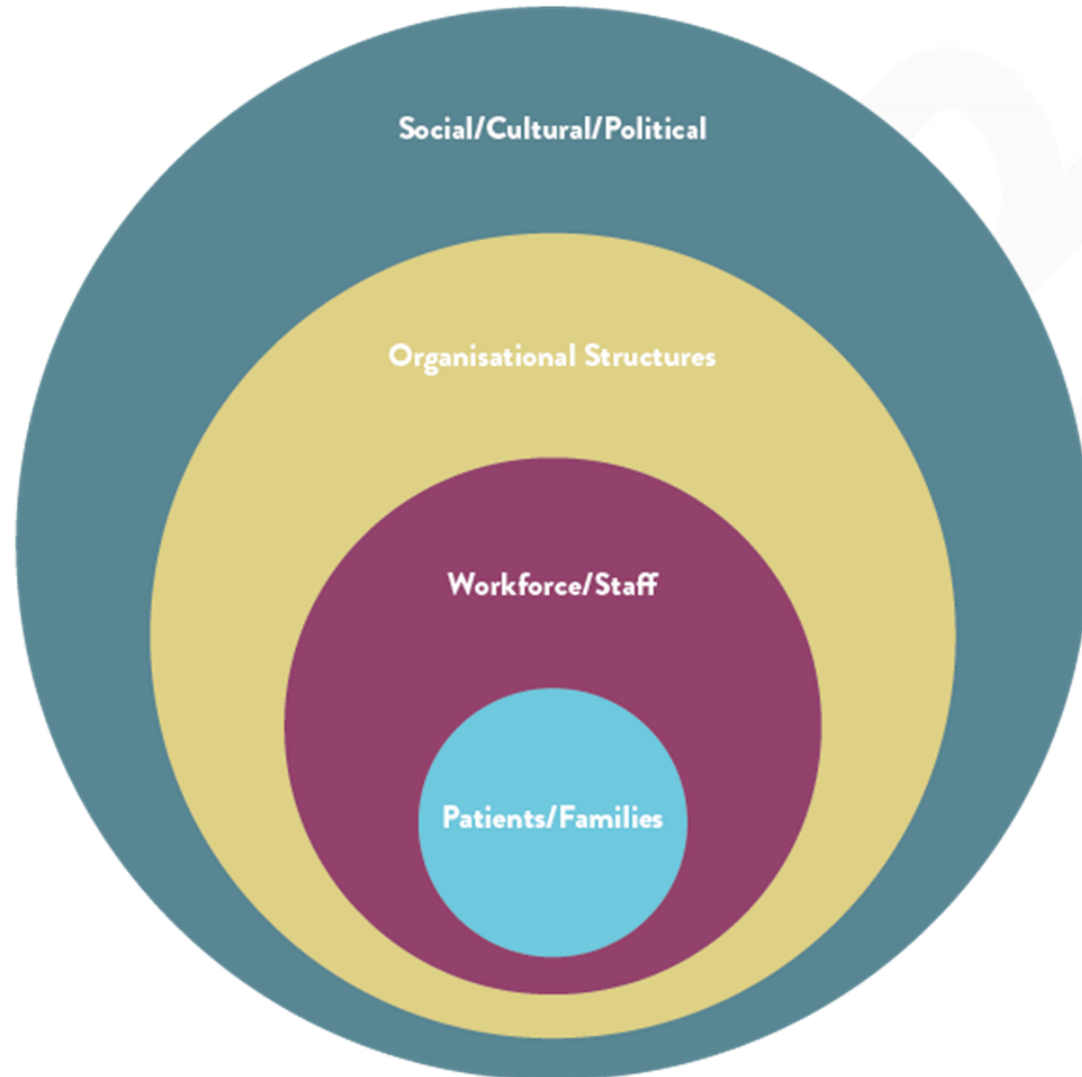
<https://www.nottsvrp.co.uk/information>

“A program, organization, or system that is trauma-informed **realizes** the widespread impact of trauma and understands potential paths for recovery; **recognizes** the signs and symptoms of trauma in clients, families, staff, and others involved with the system; and **responds** by fully integrating knowledge about trauma into policies, procedures, and practices, and seeks to actively **resist re-traumatization.**” (SAMHSA 2014)





Implementing at multiple levels



Examples of delivery include:

- Organisational readiness assessments
- Training needs analysis
 - for service areas
 - analysis collectively
- Reframing language



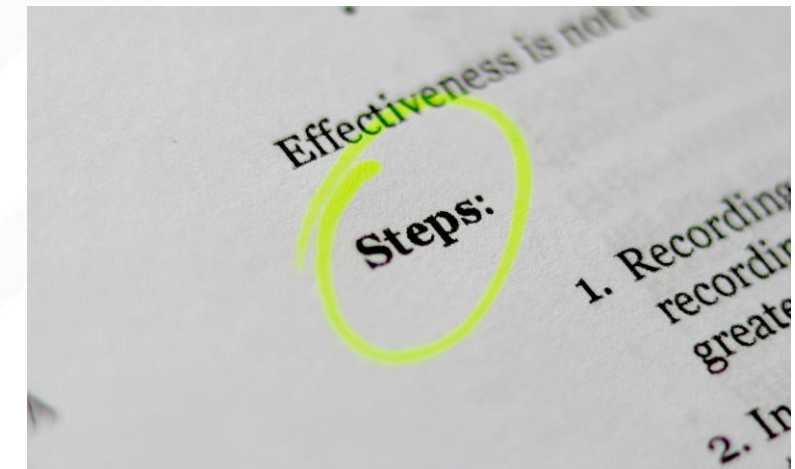
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Future ambitions and sustainability

- Develop delivery plan through a PATH planning process
- Implementation group representatives to champion a trauma informed approach across organisations
- Sharing resources and good practice
 - Within organisations
 - Through the Practice Development Unit
- Building the partnership





Transforming Services

Using Trauma Informed Principles To Change Practice

- Stories of change
- Change agents
- Sustaining change
- Ingredients of success



Opportunities today

- Explore the actions that you yourself can take
- Reflective practice
- Pose your questions
- Connect with others
- Make a pledge



Join the conversation #traumainformednotts

Supporting families through a trauma lens

Reflective Notes

Reflection prompts to aid good relationship building.

Think about your role and note actions during the conference that will support a trauma informed approach for each principle.

An effective trauma-informed approach relies on us building effective, trusting relationship with the child/ person/families we work with.