**Principle 8**

**Ice Breaker**

**In this exercise, we invite you to consider different areas within the social graces model.**

Take a fruit pastel each – each colour relates to a different question. Speak to other people in the group and share your answers with each other. Remember, social graces are both visible and invisible, and voice and unvoiced.

*Be mindful of self-care and if there are any questions you don’t feel answering, please take another fruit pastel.*

* **Purple** - Where did you grow up and where do you live now?
* **Red** - What career did you hope to have in the future, and what career do you have now?
* Yellow - What did you study at school/college/university, and what made you choose these subjects?
* **Green** – An interesting or surprising fact about yourself
* **Orange** – What assumptions, if any, might people make about your social graces/identity?

**Finally, take a moment to reflect on the social graces model, and consider what aspects of your social graces are visible/invisible and voiced/unvoiced?**