

Tiny Steps to Talking Factsheet

A guide for parents, carers and practitioners

What is Tiny Steps to Talking?

Tiny Steps to Talking (TSTT) is a group for children aged 12 to 23 months and their parents / carers who live in Small Steps Big Changes Wards (Aspley, Bulwell, Hyson Green and Arboretum and St Ann's).

The sessions are run by the Early Intervention Speech and Language Team. We are early years workers with special training in supporting language development, and Speech and Language Therapists. The sessions are relaxed, fun sessions for children to learn through play with support from our team.

How do I book a place?

Please fill in your details on the Tiny Steps to Talking 'request a place' form. One of our friendly team will then give you a ring to let you know when the sessions will start.

Where is Tiny Steps to Talking available?

Tiny Steps to Talking is available for children and their parents / carers who live in the Small Steps Big Changes wards in Nottingham.

You can check if a family lives within these areas using the postcode checker on the SSBC website:
<http://www.smallstepsbigchanges.org.uk/home>

To find out where and when groups are running, please ring or text **07788 386264**

What does Tiny Steps to Talking involve?

Tiny Steps to Talking is a 6-week course with sessions lasting one hour every week. The sessions support children's communication skills through play.

We share lots of ideas to help children to listen and communicate. We work with parents/carers to try new ways to help children's communication skills. Each week, our friendly staff will focus on a 'top tip' in the session and then you will be given resources and ideas to try it out at home!

Who is it for?

Any parent / carer and their child aged between **12 months** and **23 months** who live in the Small Steps Big Changes wards. Tiny Steps to Talking is an opportunity to have fun helping your child's language and communication. Book in for the sessions and we'll share lots of ideas and activities to help your child's communication development.

What about bilingual children?

Tiny Steps to Talking is for all children, whether they hear and speak one language, or more. Learning two languages does not cause a delay in learning to talk. We work closely with interpreters to offer these sessions to families, and we can book an interpreter to attend with the family if required.

For help with making a Tiny Steps to Talking referral, ring us on 07788 386264